

2025 YAGLA League Rules

RED (7th/8th) Division Rules:

- Regulation pocket, Regulation field, 12 v 12
- Transitional checking above shoulder level is permitted
 - Mandated enforcement of a 12" sphere for checking
- **NO** - 3-second rule for good defensive positioning
 - Transitional checking above the shoulder is permitted
- 25-minute running time halves
- (1) 1-minute T.O. Permitted per game (not in last 5 mins. of each half); clock runs
- **No Stick Checks, No Overtime, No mercy rule**
- Yellow/Red carded players are off the field for 2/4 minutes
 - No substitute
- 1st team listed on the schedule is the **HOME** team. Wear light uniforms; first AP.
- All other rules per **NFHS** rules

YELLOW (5th/6th) Division Rules:

- Modified checking below shoulder level only
- 3-second rule for good defensive positioning
 - Applicable to above shoulder cradling only
- 1 Pass attempt **MANDATORY** off every draw/free possession/turnover
- 4-goal differential mercy rule (INDIRECT - free position at center in lieu of draw)
- All other rules per **RED** Division/NFHS rules

GREEN (3rd/4th) Division Rules:

- Short field, 8 v 8 (2 Defenders Back)
- No checking allowed
- Modified pocket allowed
- **NO Self Starts – Self Starts will NOT be penalized; Redo the set up**
- 3-second rule for good defensive positioning
 - Applicable to above **AND** below shoulder cradling
- 2 Pass attempt **MANDATORY** off every draw/free possession/turnover
- Yellow/Red carded players are off the field for 2/4 minutes
 - Cards will not be shown to players
 - Referees will verbalize the nature of the infraction to coaches
 - Substitute **MANDATORY** for carded player
- 1 Coach from each team allowed on the field but not obstructing play
- All other rules per **YELLOW** Division/NFHS rules

K-2 Division Rules:

- Short field, 7 v 7 (2 Defenders Back) no goalies.
- Goals flipped to become a mini triangle goal.
- 3 Pass attempt **MANDATORY** off every draw/free possession/turnover
- 25 minute games (no ½ time, no switching sides)
- No score keeping
- 3-second rule for good defensive positioning
- Applicable to above **AND** below shoulder cradling
- Referees may choose to award possession to a non-dominant team, in lieu of a draw, at his/her discretion.
- **All players must stay out of the goal circle until the referee instructs a player to go get a ball that has come to rest in the circle, but has not crossed the goal line.**
- All other rules per **GREEN** Division/NFHS rules

Pass Rule Clarifications

- The K-2 division has a 3-Pass rule
- The GREEN division has a 2-Pass rule
- The YELLOW division has a 1-Pass rule
- The RED division will continue using league modified NFHS rules (NO pass rule)

Pass Rule Applications

- The pass rules mentioned above will immediately take effect following every possession gained off a draw, “mercy rule” free possession, or turnover.
- Goalie clears **DO NOT** count as a pass for the **YELLOW** division.
- Goalie/deputy clears **DO** count as a pass for the **GREEN & K-2** divisions
- Officials will indicate visually how many passes are needed prior to a shot attempt by holding up the appropriate number of fingers.
 - Officials will adjust the visual signal after each pass attempt is made.
 - Once all pass attempts have been made the officials hands/arms/fingers will no longer be “up”.
 - Verbal prompting of players by officials will be encouraged but may not necessarily accompany the visual signals on display.
- Coaches will be at liberty to verbally communicate the required number of passes to their players as they would verbally communicate any other directives during play.
- A team’s pass count will only reset if the ball crosses back to their defensive side of the field.
- A team is free to make pass attempts anywhere on the field
- **SUBSEQUENT TURNOVERS:** If subsequent turnovers occur without the ball crossing midfield, a team’s previously established pass count will RESUME.
 - EXAMPLE: The White team has met their required number of passes. White #3 drops the ball and it is picked up by Black #9. Black #9 attempts to pass the ball to a teammate but it is intercepted by White #33. The ball has NOT crossed mid-field. White is free to go to goal.

Team Game Fees (per game)

- RED/YELLOW Divisions \$80/team
- GREEN/K-2 Divisions \$40/team
 - The K-2 game fee covers both (25 min.) mini games

Officials’ Compensation

- Adult Officials
 - RED/YELLOW Division Adult Official w/ Adult partner \$80
 - RED/YELLOW Division Adult Official shadowing (JR1) \$50
 - 1st year Junior Official (JR1) \$30
 - RED/YELLOW Division Adult Official w/ (JR2) partner \$110
 - 2nd year+ Junior Official (JR2) \$50
 - GREEN Division (single official)
 - \$40 paid by each team \$80
 - K-2 Division (single official)
 - \$40 paid by each team \$80